### REGISTRATION NOW OPEN for FREE Parenting Class

## **Common Sense Parenting ®**

Using your head as well as your heart to raise school-aged children Facilitated by

## Georgia Gamcsik

Certified CSP Instructor FAN Family Advocate

## **Tuesdays,** 9:00 A.M. TO 11:00 A.M.

May 23, 30, June 6, 13, 20, & 27 at

# Freedom House Chapel Hill Location 104 New Stateside Dr., Chapel Hill

#### TRAINING OFFERED FREE OF CHARGE & ALL TRAINING MATERIALS PROVIDED

Parenting is tough, even more so if you're a parent whose child has emotional and behavioral challenges or other mental health issues, substance abuse or has court involvement.

To help you fine-tune your skills from a common sense approach, the Family Advocacy Network (FAN) is offering COMMON SENSE PARENTING ® (CSP), the evidence based parent skills building curriculum originally developed by the renown Boys Town.

By the end of this 6-session series, participants will have learned techniques to address issues of communication, discipline, decision-making, relationships, self-control and school success for families in all situations.

#### CSP is for adults only. Childcare is not provided.

Certificates of Completion will be issued, upon meeting class requirements at graduation.

CSP generally meets standards of parent skills building for court compliance with DJJ, DSS and Truancy Courts.

Consult with your court counselor for confirmation if you are court involved.

This class is for parents of children ages 6-17 years of age

### Class size is limited to 8 participants.

Register by contacting Georgia at 919.942.8083/ 919.259.1590, or Georgia.g@fhrecovery.org